

FOREVER IN BLUE JEANS



Leadership for the **Mind Music and Movement Foundation (m3f)** for Neurological Disorders celebrated their successes and shared their mission with new and old friends at a Neil Diamond-themed reception hosted by new m3f Trustee, **Frances** and her husband **Jeffrey Fisher**.

Known for providing a resource and motivation for living well with neurodegenerative diseases, m3f is a 501(c)(3) nonprofit organization that supports comprehensive integrative programming to address movement, mobility, balance, speech, nutrition and mental well-being in patients with neurological disorders.

“We are so grateful for Frances and Jeffrey opening their home to our Foundation and those who support us,” said m3f Founder, **Beth Elgort**. “Everyone in attendance has truly touched our lives or someone else’s here this evening. Tonight you will meet our everyday heroes, our staff, clients and our amazing Board.”

Guests enjoyed a performance by **The Voice of Parkinson’s Chorus** – a program of m3f. The chorus sang Neil Diamond’s *Sweet Caroline* in honor of Neil Diamond who was diagnosed in 2018 with Parkinson’s Disease. Attendees were also surprised with a performance by **Neil Zirconia**.

“I am extremely honored to serve as a Trustee of the Foundation and to serve alongside its founders, my fellow Trustees and the extraordinarily talented Medical Advisory Board,” said Fisher. “The Foundation ties science, healthcare and the arts together; and while the physical benefits of this program are remarkable for everyone, there is also a true sense of happiness at the forefront.”

VIPs in attendance included **Dr. Gus Castellanos, Dr. Arif Dalvi, Lauren Hunter, Kerry Kruckel, Randy Blakely, Corinne Lasmezas, Pamela Perrin, Dr. Mark Stafford** and **Laura Ingraham**.

The m3f team is composed of specifically trained social workers, wellness coaches, speech and voice specialists, along with art, movement and fitness professionals. The trained staff motivates each client to work toward achieving their individual goals, independently and in groups.

For more information on ongoing programming or to support m3f email info@m3f.org, call 561.336.0902 or visit www.m3f.org.

FIRST ROW: Jeffrey and Frances Fisher; Steve and Beth Elgort; **SECOND ROW:** Liz and Dr. Arif Dalvi; Laura Ingraham and Rick Pollack; **THIRD ROW:** Matt and Helene Lorentzen; Alicia and John Barnes; **FOURTH ROW:** Jeff Pfeifle, Karyn Lamb and David Granville; Anne Sternlicht and Steve Runge. PHOTOS: CAPEHART

