ArtSmart

CONTINUING ARTS EDUCATION FOR ADULTS

hy should kids have all the fun? The Raymond F. Kravis Center for the Performing Arts announces the upcoming adult classes offered through its ArtSmart series: Continuing Arts Education for Adults. Understanding the benefits of lifelong arts education on mental, physical and social well-being, ArtSmart includes opportunities across a range of artistic media, including acoustic guitar, acting, movement, writing and more.

The inspiring series launches with *Group Acoustic Guitar* from October 1st through November 19th. The eight-week course, led by **Brendan Lyons**, is for both new strummers and those looking to develop skills. Each week focuses on a new technique or element of playing using music the students already know and love.

Those who have been bitten by "the acting bug" can prepare a short, memorized monologue for the first *Scene Study Class* session on January 13th. Thereafter, scenes will be assigned to actors to receive coaching and instruction during subsequent classes through March 3rd. Led by Emeritus Theatre Professor and Stage Director, **Don Butler**, this immersive course focuses on creating a character while covering the basic elements of using the environment, defining objectives, discovering the power of stillness and finding motivation.

Next, celebrate the connection of mind and body with creativity and community during *Joy of Movement* from February 12th – March 19th. Led by **Kori Epps**, this no-fear course is open to anyone, whether sure-footed or those suffering from "two-left feet." Participants can move to great music without worrying about technique in this special program created to

experience and enjoy the broader themes of dance.

Finally, those looking to paint their world with the power of words will find inspiration during *Kickstart Your Writing* on January 15th and the *Writers' Launch* from January 22nd through February 26th. Led by celebrated author **Julie Gilbert**, *Kickstart Your Writing* brings inspiration and tools to anyone looking to take the exciting leap into writing. The *Writers' Launch* encourages would-be fiction authors to mine their own treasure-troves of unspoken thoughts and memories and transform them into a disciplined form of content, technique and style.

Additional "back-to-school electives" include the Kravis Center's *Lunch & Learn* series, which offers a sumptuous, catered meal and a fascinating lecture from world experts on diverse topics.

Program dates, times and fees can be found at www.kravis.org/education-community/community-education-programs/artsmart-classes/.

The Kravis Center for the Performing Arts is one of South Florida's premier performing arts centers located in Downtown West Palm Beach. Since 1992 the Kravis Center has hosted the very best in live entertainment featuring internationally acclaimed artists in music, comedy, dance, Broadway and more. Since opening its doors, the Kravis Center has welcomed millions of students to its comprehensive arts education programs. Students of all ages can participate in a variety of workshops, classes and special events, as well as free and reduced-price tickets to those who might not otherwise have the chance to experience live performances. For more information visit kravis.org.