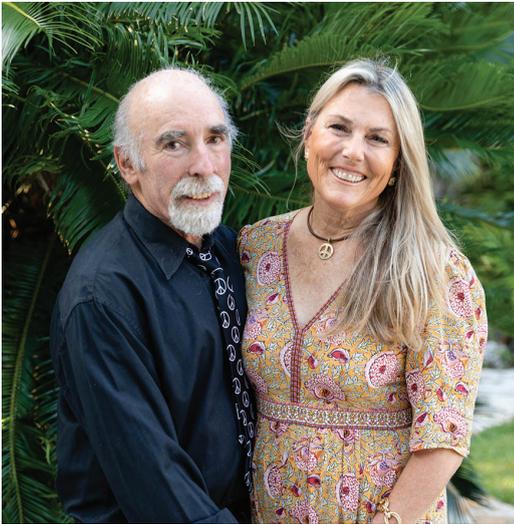


Art, Music & Brain Health

TEAM UP FOR THE MAGICAL MUSICAL TOUR



The power of the arts took center stage at the Ann Norton Sculpture Gardens (ANSG) when four local nonprofit organizations came together to call attention to brain health. The evening included a performance of *The Magical Musical Tour: Beatles to Beethoven* by the Palm Beach Symphony in partnership with ANSG, Palm Health Foundation and Mind, Music Movement Foundation's (M3f) Voices of Parkinson's Chorus.

Frances Fisher, Board Chairwomen for the Ann Norton Sculpture Gardens, Board member for M3f and Board Trustee for Palm Health Foundation welcomed more than 100 attendees.

"I had a long experience in my family with someone who had a neurodegenerative disease," said Fisher. "This personal connection led me to Palm Health and M3f. They are doing some of the most innovative programming and research for those suffering from Parkinson's and Alzheimer's. I am proud of these organizations coming together with the Palm Beach Symphony for an extraordinary collaboration to raise awareness of the power the arts can have on brain health."

Patrick McNamara, President and CEO of Palm Health Foundation, then addressed the group of supporters to explain the positive affects music and singing have on neurodegenerative diseases.

"I am delighted to be here tonight and be a part of a groundbreaking event that brings together the power of the arts and music and celebrating the effect that it can have on all of us, especially our brain health," said McNamara. "There is a new field that has recently been announced from Johns Hopkins called *neuro arts*. We look forward to supporting that initiative and having it take root here in Palm Beach County."

Palm Beach Symphony CEO David McClymont introduced the Palm Beach Symphony's string quartet plus drummer that performed five songs alongside the M3f Voices of Parkinson's Chorus. Guests enjoyed cocktails and hors d'oeuvres on the main lawn of the Gardens while listening to the performance.

"This evening is about possibilities and what is possible," said Beth Elgort. "M3f offers education and programming to help people and their families delay the progression of a neurodegenerative disease. Our chorus is made up of people living with Parkinson's and their caregivers and spouses as well as volunteers and people who love to sing. Music and dance are powerful tools for improving overall wellbeing as well as other programming and support services we offer."

For more information on ANSG visit ansg.org. For more information on Palm Beach Symphony visit palmbeachsymphony.org. For more information on M3f visit m3f.org. For more information about Palm Health Foundation visit palmhealthfoundation.org.

FIRST ROW: Steve and Beth Elgort; Frances and Jeffrey Fisher; **SECOND ROW:** David McClymont, Randy Blakely and Patrick McNamara; Bill Porter and Lois Pope; **THIRD ROW:** Felicia and Peter Gottsegen; Joseph and Carol Hays; **FOURTH ROW:** Mina Hyman, Nancy Marshall and Lorely Vincent; Jeffrey Pfeifle and David Granville.

PHOTOS: CAPEHART

